



TRICARE® For Life Pharmacy Pilot

TRICARE For Life beneficiaries living in the United States and U.S. territories need to fill select maintenance medications using TRICARE Pharmacy Home Delivery or a military pharmacy

The TRICARE For Life (TFL) Pharmacy Pilot requires TFL beneficiaries living in the United States and U.S. territories (*American Samoa, Guam, the Northern Mariana Islands, Puerto Rico, and the U.S. Virgin Islands*) who fill select maintenance medications at retail pharmacies to switch these prescriptions to TRICARE Pharmacy Home Delivery (home delivery) or to a military pharmacy. Maintenance medications are those you use on a regular basis for chronic health conditions (*e.g., high cholesterol, blood pressure*). These do not include medications needed for a sudden illness or infection.

Retail pharmacies are the most expensive option for beneficiaries and the Department of Defense (DoD). Home delivery and military pharmacies provide savings to both beneficiaries and the government, supporting the DoD's efforts to control rising health care costs. The pilot is required under the 2013 National Defense Authorization Act. If one or more of your maintenance medications is included in the pilot, you must use either home delivery or a military pharmacy to get those medications. If you choose to use a retail pharmacy to fill those prescriptions, you will pay 100 percent of the cost of your medications. Generally, generic medications are not included in this pilot.

KNOW YOUR OPTIONS

The pilot may require a change in how you fill select maintenance medications identified by the TRICARE Pharmacy Program. A complete list of the select maintenance medications included in the pilot, along with additional information on the pilot program, is available at www.tricare.mil/tflpilot. You can also call Express Scripts, Inc. (Express Scripts) with questions. Express Scripts administers the TRICARE pharmacy benefit.

- **Option 1:** Transfer medication from a retail pharmacy, with a cost of \$51 for a 90-day supply, to home delivery, with a cost of \$13 for a 90-day supply.
- **Option 2:** Transfer medication from a retail pharmacy to a military pharmacy. Call ahead to see if the local military pharmacy carries the medication. This option has no copayment if the medication is available. Find contact information for your local military pharmacy at www.tricare.mil/mtf.
- **Option 3:** Ask your doctor about using a low-cost generic medication. Most generics are not included in the pilot.
- **Option 4:** Continue to get the select maintenance medication at a retail pharmacy and pay 100 percent of the cost.

SWITCH TO HOME DELIVERY

If you have TFL and your maintenance medication is affected by the pilot, you may opt to switch your prescription to home delivery using the following methods:

Phone	<ul style="list-style-type: none">• Call the Express Scripts Member Choice Center at 1-877-882-3335.
Online	<ul style="list-style-type: none">• Log in to your account at www.express-scripts.com/TRICARE and look for the “Prescriptions” section on your home page. Click on the “Transfer to Home Delivery” button to move your medications to home delivery.
Mail	<ul style="list-style-type: none">• Mail your 90-day prescription along with a completed home delivery order form to Express Scripts, Inc. (Express Scripts). Visit www.express-scripts.com/TRICARE/homedelivery and click on “Mail Order Registration Form” to download the form.
E-Prescribe	<ul style="list-style-type: none">• If your doctor uses e-prescriptions, ask him or her to select “Express Scripts Mail Pharmacy” in the e-prescribe system. Make sure Express Scripts has your up-to-date address information. Your doctor may also fax the prescription to 1-877-895-1900.

*This fact sheet is **not** all-inclusive. For additional information, please visit www.tricare.mil.*

If you refill a select maintenance medication at a retail pharmacy, you will get a letter from Express Scripts about switching to home delivery or a military pharmacy. Another notice will be sent if you refill the medication at a retail pharmacy a second time. If you refill the prescription at a retail pharmacy a third time or beyond, you will be responsible for 100 percent of the cost. For more information about pharmacy costs, visit www.tricare.mil/costs.

FREQUENTLY ASKED QUESTIONS

Do I have to participate in the TFL Pharmacy Pilot?

Yes. If you have TFL and live in the United States or U.S. territories, and you received a notification from Express Scripts that your medication is affected by the pilot, you must switch to home delivery or a military pharmacy to have TRICARE cover your medication, unless you meet one of the exceptions listed below. Medications excluded from the pilot program are not required to move to home delivery or a military pharmacy.

Are there any exceptions to participating in the TFL Pharmacy Pilot?

Yes, you do not have to participate in the pilot if you:

- Are an active duty family member
- Have other health insurance with a prescription benefit
- Already use home delivery or take a maintenance medication not included in the pilot
- Need the medication immediately (e.g., *antibiotics, pain medications*)

Is my medication included in this pilot?

Please refer to the enclosed letter to identify which medication(s) you take are impacted by this pilot. If you fill a select maintenance medication that is part of the pilot at a retail pharmacy, you will get a letter informing you to use home delivery or a military pharmacy. Make sure your contact information is correct in the Defense Enrollment Eligibility Reporting System (DEERS) so you do not miss getting important communications about this pilot. Go to www.tricare.mil/deers to find out how to update your e-mail and mailing addresses.

May I continue to use my local retail pharmacy?

If you have one or more select maintenance medications included in the pilot and you continue to fill those maintenance medications at a retail pharmacy, you will have to pay 100 percent of the cost after the second refill.

If your medication is not one of the select maintenance medications under the pilot, you do not have to do anything and you can continue to fill your medication at retail network pharmacies if you prefer. This includes most generic medications. Generic medications may be filled at a retail network pharmacy for a \$5 copayment for a 30-day supply.

I live in a nursing home. Do I have to participate in the pilot?

Waivers due to personal need or hardship, emergency, or other special circumstances, such as living in a nursing home, can be issued on a case-by-case basis. Call Express Scripts at **1-877-363-1303** for assistance.

How long do I have to participate in the pilot?

If you take one or more medications included in the pilot, you must use home delivery to fill at least one of those prescriptions for one full year before you can opt out of the program.

How do I compare pharmacy option costs?

Check out the calculator tool at www.tricare.mil/pharmacy. Remember, you can fill your prescriptions at a military pharmacy for free, but call ahead to see if the local military pharmacy carries the medication.

I am new to home delivery. Will my mailed medications be safe in extreme temperatures?

Yes. Express Scripts uses innovative technology to manage the shipment of temperature-sensitive medications. This technology ensures that medications arrive to you safely.

What if my medication is not available through home delivery?

If your medication is on back order with the medication's manufacturer, it may not be available through home delivery. If this happens with your medication, you can order up to three 30-day fills of your medication from a retail pharmacy, at the regular retail pharmacy cost. Call Express Scripts at **1-877-363-1303** to get prior authorization for a temporary retail supply. Once your medication is back in stock, Express Scripts will send you a letter notifying you to restart your home delivery.

An Important Note About TRICARE Program Information

*At the time of publication, this information is current. It is important to remember that TRICARE policies and benefits are governed by public law and federal regulations. Changes to TRICARE programs are continually made as public law and/or federal regulations are amended. **Military hospital and clinic guidelines and policies may be different than those outlined in this publication.** For the most recent information, contact your TRICARE pharmacy contractor or local military hospital or clinic. The TRICARE program meets the minimum essential coverage requirement under the Affordable Care Act.*

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