



DEFENSE HEALTH AGENCY
7700 ARLINGTON BOULEVARD, SUITE 5101
FALLS CHURCH, VIRGINIA 22042-5101

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Dear

You are a potential candidate for a TRICARE pilot to assess the benefits of medication therapy management (MTM). MTM is care provided by a pharmacist to help you get the most out of your prescription drug therapy.

The MTM Pilot has no cost to you and seeks to improve your health, decrease medication-related issues, and help you take your medications as your doctor directs.

In the near future, a pharmacist may contact you to offer enrollment and make your first appointment. To offer the Pilot to beneficiaries not enrolled at a military hospital or clinic, TRICARE has contracted with Reef FSR - Healthcare to provide MTM services. Enrollment is limited to 400 beneficiaries. Calls to eligible beneficiaries will continue until all enrollment slots are filled.

In the Pilot, you will meet with the MTM pharmacist four to five times a year. During these visits, you and the pharmacist will:

- ✓ Make a list of all medications you're taking.
- ✓ Review your medications for safety concerns.
- ✓ Make an action plan to help you get the most out of them.

You will be able to ask your pharmacist any questions you have about your medications while you meet with them. The pharmacist may also contact your doctor about any concerns raised in the meeting.

Please note: if you are already participating in a MTM program, for example, through a Medicare Part D prescription plan, we cannot enroll you in this MTM pilot.

If you have any other questions about the MTM Pilot, please contact Reef FSR - Healthcare at 919-521-8126 or mtm@reef-sys.com or visit www.tricare.mil/MTM.

Pharmacy Operations Division