## GOT HEALTH OUESTIONS?

TALK DIRECTLY
TO A REGISTERED
NURSE 24/7

1-800-TRICARE 874-2273

**OPTION 1** 





Medical advice ■ Pediatric issues ■ Help when traveling

Deciding if you need to see a doctor ■ Finding urgent or emergency care

Scheduling same-day or next-day appointments at military hospital or clinics

If you have an emergency, call 911 or go to the nearest emergency room

