



***By using eHealth Exchange,
your health care providers have
a more complete view of your
health record.***

***The Virtual Lifetime Electronic
Record Health initiative allows
participating providers to share
your health information safely
and securely.***

Putting Patient Care First

With VLER Health, your health information is safe, secure, and easily transported through eHealth Exchange.

***Visit www.tricare.mil/vlerhealth
for more information.***

Virtual Lifetime Electronic Record (VLER – Health)

Providing More Effective Health Care
to You and Your Family

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As part of the Virtual Lifetime Electronic Record (VLER) Health initiative, the Military Health System (MHS) has joined the eHealth Exchange to securely share active duty service member and veteran health care information electronically with our federal and private-sector partners. The MHS is pleased to announce the expansion of this service to include all MHS beneficiaries through a pilot program at your health clinic.

What is VLER Health?

Sharing your health information saves time and improves your care. It could even save your life. VLER Health allows participating providers who have joined eHealth Exchange to safely and securely share your health information. The more informed your provider is about your medical history, the better. Through the eHealth Exchange, your health care providers can share information, such as:

- Prescribed medications
- Allergies
- Illnesses
- Laboratory and radiology results
- Past medical history and procedures

How does this benefit me?

Access to your medical information is very important to your health care providers. Through VLER Health, they have more complete access to your health record. This allows you and your health care team to make the most informed decisions for your health.

How do I participate?

This service is already part of your health care benefit. Non-active duty beneficiaries can choose whether or not to participate. If you do not wish to participate in VLER Health, please visit your local military hospital or clinic to opt out. If you decide to opt out, your health care providers may not have immediate and complete access to important health information, even in the event of an emergency. If you choose to opt out now and change your mind later, you can request to opt back in. Most people recognize the benefits of sharing their medical information with the health care providers caring for them and continue to participate.

For more information ...

This brochure is **not** all-inclusive. Be sure to visit www.tricare.mil/vlerhealth for more information.

