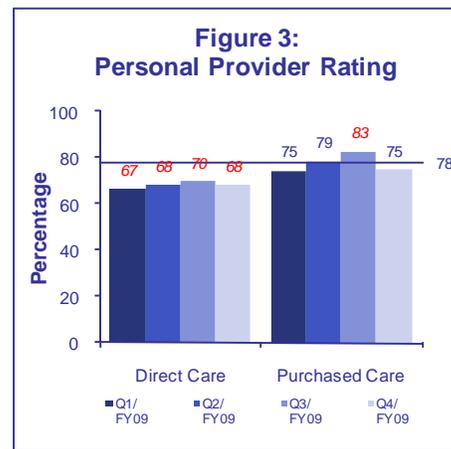
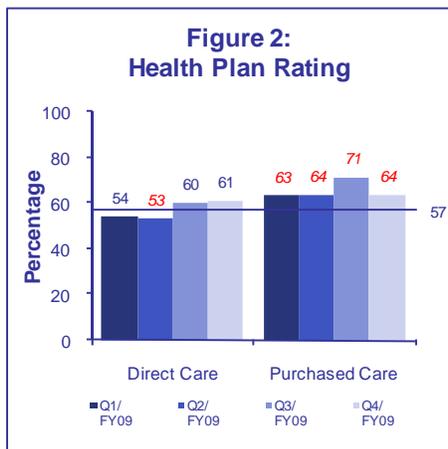
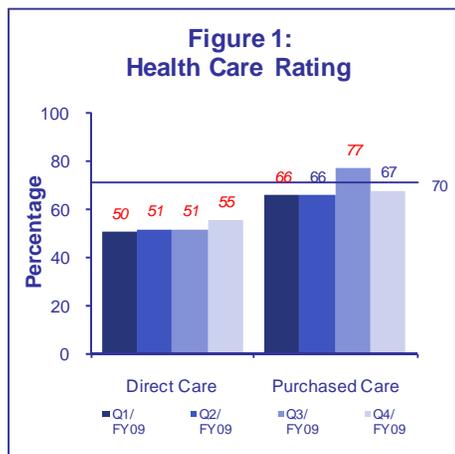


Source: Health Care Survey of DoD Beneficiaries

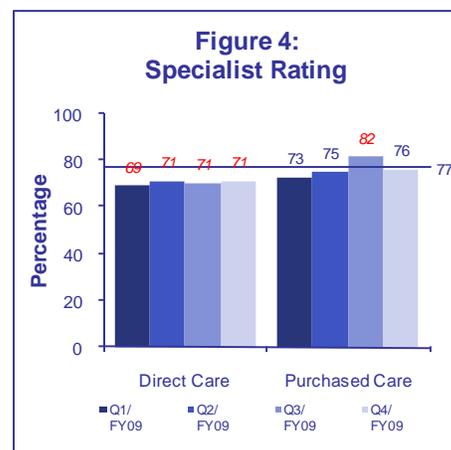
### Inside Consumer Watch

TRICARE Consumer Watch is a brief summary of what TRICARE users in your region say about their healthcare. Data are taken from the Health Care Survey of DoD Beneficiaries (HCSDB). The HCSDB includes questions from the Consumer Assessment of Healthcare Providers and Systems (CAHPS), a survey designed to help consumers choose among health plans.

Rates are compared with averages taken from the 2008 National CAHPS Benchmarking Database (NCBD), which contains results from surveys given to beneficiaries by civilian health plans. Rates differing significantly from the benchmark are bolded and shown in red. In 2009, questions from a new version of CAHPS (Version 4) were used.



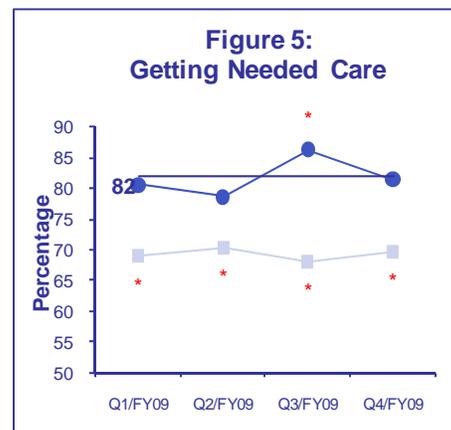
Figures 1 through 4 show the proportion of Prime enrollees with a military PCM (direct care), or enrolled to a civilian PCM, or using Standard/Extra for most of their care in the past year (purchased care) who respond 8 or above when asked to give a rating on a 0 to 10 scale (0 is bad, and 10 is good), for Health Care, Health Plan, Personal Doctor, or the Specialist they see most often. Rates are adjusted for age and health status.

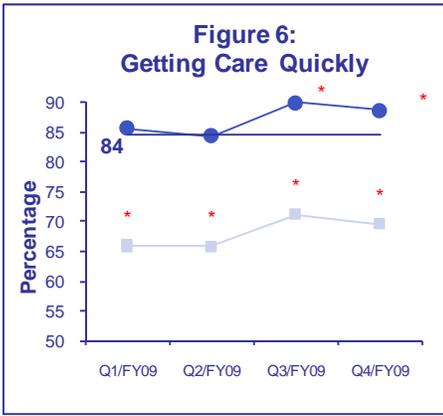


### Health Care Topics

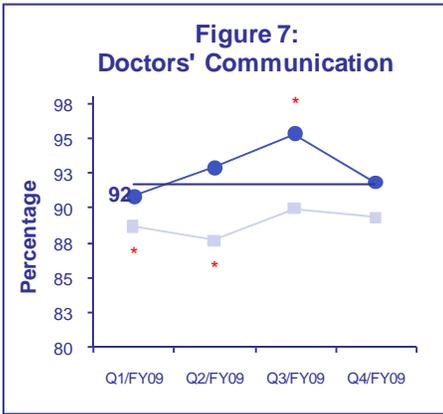
Health Care Topics scores average together results for related questions. Each score is the percentage who “usually” or “always” got treatment they wanted. Asterisks show values significantly different from the NCBD benchmark ( $p < .05$ ).

Figure 5 presents the composites “Getting needed care”. Scores are based on patients’ problems getting referrals and approvals and getting needed treatment.



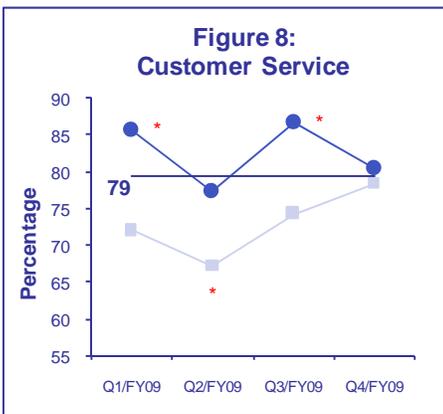


“Getting care quickly”, shown in Figure 6 scores concern how long patients wait for an appointment or wait in the doctor’s office.



Scores in Figure 7, “Doctor’s communication” are based on whether the doctor spends enough time with patients, treats them respectfully and answers their questions.

Figure 8 shows “Customer service” scores, which concern patients’



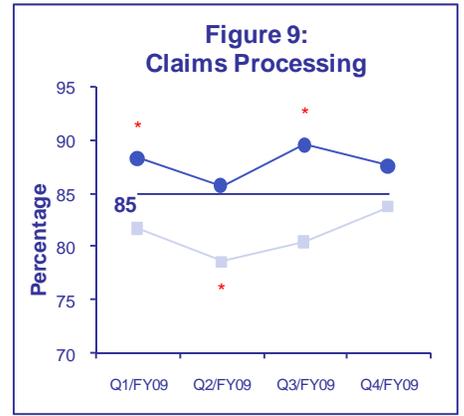
ability to get information about their health plan.

“Claims processing” scores in Figure 9 are based on the timeliness and correctness of plan’s claims handling.

### Preventive Care

The preventive care table compares TRICARE users’ rates for diagnostic screening tests and smoking cessation with goals from Healthy People 2010, a government initiative to improve Americans’ health by preventing illness. A new metric for the non-smoking rate is used: current non-smokers.

Rates that are significantly different ( $p < .05$ ) from the Healthy People 2010 goal are shown by red italics.



Preventive Care					
Type of Care	Qtr 1 FY 2009	Qtr 2 FY 2009	Qtr 3 FY 2009	Qtr 4 FY 2009	Healthy People 2010 Goal
<b>Mammography (women &gt; 40)</b>					
Direct Care	<i>89</i>	<i>86</i>	<i>87</i>	<i>88</i> (283)	70
Purchased Care	<i>79</i>	<i>85</i>	<i>82</i>	<i>84</i> (184)	
<b>Pap Smear (women &gt; 18)</b>					
Direct Care	92	91	89	<i>95</i> (631)	90
Purchased Care	87	86	85	90 (362)	
<b>Hypertension Screen (adults)</b>					
Direct Care	<i>89</i>	<i>87</i>	<i>86</i>	<i>90</i> (1669)	95
Purchased Care	<i>92</i>	93	<i>92</i>	92 (548)	
<b>Prenatal Care (in 1st trimester)</b>					
Direct Care	87	86	83	87 (74)	90
Purchased Care	91	81	78	89 (43)	
<b>Percent Not Obese (adults)</b>					
Direct Care	<i>79</i>	<i>80</i>	<i>80</i>	83 (1615)	85
Purchased Care	<i>67</i>	<i>73</i>	<i>72</i>	<i>72</i> (534)	
<b>Non-Smokers (adults)</b>					
Direct Care	<i>83</i>	<i>81</i>	<i>84</i>	<i>82</i> (1607)	88
Purchased Care	<i>83</i>	85	88	<i>81</i> (541)	
<b>Counseled to Quit (adults)</b>					
Direct Care	76	74	66	82 (207)	-
Purchased Care	73	75	77	79 (90)	